

3 Magical Steps

3 Magical Steps - Going Green Tips, Solar, Self Improvement, Jobs, DIY Kits, Website Optimization, Social Networking, Leisure

Twitter Weekly Updates for 2010-01-03

Published by admin under Twitter Updates

Jan
03
2010

■ HAVE A FUN AND SAFE NEW YEAR'S EVE PARTY. ~CHRISTINE~ (%232010ONLIVESTREAM
LIVE ON [HTTP://BIT.LY/6DEPRN](http://bit.ly/6DEPRN)) #

■ WISHING YOU A HAPPY AND PROSPEROUS NEW YEAR AHEAD... ~CHRISTINE~ (%232010ONLIVESTREAM
LIVE ON [HTTP://BIT.LY/6DEPRN](http://bit.ly/6DEPRN)) #



TAGS: =====>>>

No responses yet

Twitter Weekly Updates for 2009-11-01

Published by admin under Twitter Updates

Nov
01
2009

■ QUICK HEALTHY WEIGHT LOSS - HOW TO LOSE WEIGHT AND KEEP IT OFF IN JUST 15 MIN A DAY
[HTTP://ANGERMANAGEMENTTECHNIQUESTHATWORK.BLOGSPOT.COM/](http://angermanagementtechnicqueshatwork.blogspot.com/) #

■ ANGER MANAGEMENT TECHNIQUES THAT WORK [HTTP://BIT.LY/4TWZGP](http://bit.ly/4TWZGP) #

■ FREE TV DOWNLOADS - FREE SATELLITE TV - HOW TO SAVE YOUR CABLE AND SATELLITE FEES
[HTTP://FREETVDOWNLOADSFORPC.BLOGSPOT.COM/](http://freetvdownloadsforpc.blogspot.com/) #

■ AT HOME WORK JOBS - BE FLEXIBLE [HTTP://BIT.LY/C5Wo5](http://bit.ly/C5Wo5) #

■ BEGINNER PIANO LESSONS - MAKES IT EASY! DON'T WASTE TIME ON LENGTHY AND EXPENSIVE
LESSONS [HTTP://BIT.LY/3vWi2D](http://bit.ly/3vWi2D) #

■ GET BOYFRIEND BACK OR GET YOUR GIRLFRIEND BACK IN 5 EASY STEPS!!!
[HTTP://GETBOYFRIENDBACKORYOURGIRLFRIENDBACK.BLOGSPOT.COM/](http://getboyfriendbackoryourgirlfriendback.blogspot.com/) #

■ SOLAR POWER ELECTRICITY - DON'T BUY SOLAR PANELS & DON'T WASTE YOUR TIME ON
GOVERNMENT GRANTS [HTTP://SOLARPOWERELECTRICITYFOR.BLOGSPOT.COM/](http://solarpowerelectricityfor.blogspot.com/) #

■ HOME POWER GENERATOR - DON'T BUY SOLAR PANELS AND DON'T WASTE YOUR TIME ON
GOVERNMENT GRANTS [HTTP://HOMEPOWERGENERATOR.BLOGSPOT.COM/](http://homepowergenerator.blogspot.com/) #



TAGS: =====>>>

No responses yet

Anger Management Techniques That Work

Oct
03
2009

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Twitter Weekly Updates for 2010-01-03

0 Comments Since Sunday, January 3, 2010, 21:25

Twitter Weekly Updates for 2009-11-01

0 Comments Since Sunday, November 1, 2009, 21:25

Anger Management Techniques That Work

3 Comments Since Wednesday, October 28, 2009, 19:59

Don't buy solar panels and don't waste your time on government grants and rebates

0 Comments Since Wednesday, October 28, 2009, 14:22

Quick Healthy Weight Loss - how to lose weight and keep it off in just 15 minutes a day

1 Comment Since Wednesday, October 28, 2009, 13:27

SEARCH

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TRANSLATOR



By N2H

WHAT I'M DOING... ON TWITTER

- ▶ Have a fun and safe New Year's Eve Party ~Christine~ (%232010onlivestream live on <http://bit.ly/6DEPRN>) 2009-12-31
- ▶ Wishing you a happy and prosperous New Year ahead... ~Christine~ (%232010onlivestream live on <http://bit.ly/6DEPRN>) 2009-12-31
- ▶ Quick Healthy Weight Loss - how to lose weight and keep it off in just 15 min a day

Recognize what escalates you and identify your trigger point:

SOMETIMES, WHEN WE HAVE CONFLICT WITH OTHERS, WE START TO REALIZE THAT THE OTHER PERSON NOT WHAT WE THOUGHT THEY WERE. WE START TO PAY ATTENTION TO THE REASON WE THINK CAUSED CONFLICT, LOOK BACK TO FIND THE EVIDENCE SUPPORT THAT REASON. WE MAY ALSO CHANGE OUR FUTURE INTERACTIONS WITH THIS PERSON. THIS FILTER HAVE WHEN INTERACTING WITH THIS PERSON CAN CAUSE POOR RELATIONSHIPS IN THE FUTURE. THE TRUTH IS THAT PEOPLE DO THINGS FOR MANY DIFFERENT REASONS, MANY OF WHICH WE ARE NOT AWARE. WHEN WE LOST TRUST IN THE PERSON, WE WILL NOT BE OPEN TO LISTEN TO THE REASONS THE PERSON MAY GIVE US. OUR JUDGMENTS AGAINST THAT PERSON FORMS, AND CONFLICTS WILL GET WORSE. IDENTIFYING THE FILTER BY WHICH WE SEE THIS PERSON CAN HELP US RECOGNIZE OUT ESCALATION POINT.

THE SAME RULE APPLIES WITH OUR WORK. WHEN WE ARE NOT TOTALLY COMMITTED AND THINGS GET TOUGH, WE WANT TO FIND OUR WAY OUT. WE MAY FIND OURSELVES IN THE SAME SITUATION WITH OTHERS, AND ARE ABLE TO DEAL WITH IT HAPPILY. THIS IS A REFLECTION ON YOU, NOT THE OTHER PERSON, YOUR PAY, OR THE SITUATION. BY EXAMINING DEEP INSIDE, WE WILL DISCOVER THERE ARE SOME IMPORTANT RULES FOR YOUR LIFE THAT MAY HAVE BEEN BROKEN.

Re-evaluate your feelings:

ARE YOUR FEELINGS TRUE OR A RESULT OF YOUR EGO? YOUR TRUE FEELINGS WILL MAKE YOU REALIZE THAT YOU REALLY WANT MAKE A CHANGE, DO SOMETHING DIFFERENT, OR DO THE SAME PROJECT OR JOB OR WITH SOMEONE ELSE. HERE, YOU ARE ALLOWING YOUR EGO TO STAND IN THE WAY OF PRODUCTIVE RELATIONSHIPS.

SOMETIMES, PEOPLE WILL ACT AS THOUGH THEY ARE HELPING YOU, BUT YOU FEEL THAT THEY ARE ACTUALLY MANIPULATING YOU. SOMETIMES, WHAT THEY SAY CAN BE EASILY MISINTERPRETED. YOU MIGHT WANT TO CONSIDER THAT MAYBE YOUR CO-WORKER OR FRIEND TRULY INTENDED FOR THEIR MESSAGE TO COME ACROSS DIFFERENTLY, AND PERHAPS YOU MISUNDERSTOOD. FOCUS ON LOOKING AND ASKING FOR CLARIFICATION. EVALUATE WHAT OTHERS HAVE DONE FOR YOU, WHAT THEY HAVEN'T DONE, AND ASK YOURSELF IF YOU ARE TRULY UNDERSTANDING THEIR MESSAGE. IF YOU ARE, AND THE MESSAGE IS ONE THAT IMPLIES MANIPULATION, YOU NEED TO ASK YOURSELF IF THIS IS A FRIEND OR CO-WORKER YOU WOULD LIKE TO KEEP INTERACTING WITH. SOMETIMES, IT IS GIVE AND TAKE SITUATION, FIND THE MEANING IN THE MESSAGE, NEVER JUST ASSUME YOU ALREADY KNOW THE ANSWER.

PEOPLE DO THINGS ACCORDING TO THEIR OWN PREFERENCE. THEY DON'T MEAN TO HURT YOU. BUT, IF YOU ASK THEM POLITELY, THEY DON'T WANT TO CONSIDER YOUR FEELINGS, YOU MIGHT WANT TO JUST RELEASE THEM FROM YOUR LIFE AND CONCENTRATE ON FINDING THE KIND OF FRIENDS THAT BETTER SUIT YOU. SURROUNDING YOURSELF WITH POSITIVE PEOPLE YOU HAVE THINGS IN COMMON WITH WILL HELP YOU SUCCEED NOT ONLY IN BUSINESS, BUT IN FRIENDSHIPS AS WELL!

CLICK HERE -> **Anger Management Techniques That Works** and
Helps Thousands Overcome Their Anger.



TAGS: ANGER MANAGEMENT, ANGER MANAGEMENT SELF HELP, ANGER MANAGEMENT TECHNIQUES

3 responses so far

Don't buy solar panels and don't waste your time on government grants and rebates

Is using solar energy a cost effective way to achieve energy efficiency?

No, SOLAR IS ONE OF THE LEAST COST EFFECTIVE WAYS TO SAVE.

Is using solar energy a cost effective way to reduce global

- Q & A (3)
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ARCHIVES

- January 2010 (1)
- November 2009 (1)
- October 2009 (7)
- August 2009 (3)
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- May 2009 (10)

- More updates...

LINKS

- 31 Days to Millionaire Marketing Miracles
- Conversations With God
- Jay Abraham: Optimal Marketing Strategies
- The 4-Hour Workweek and Timothy Ferriss
- The Attractor Factor

warming?

No. You can go green and reduce global warming with energy efficient appliances with or without the use of solar energy!

What are the things that solar manufacturers, resellers, and installers don't tell you?

Even with the federal grants and state incentives, the recoup of investment time is still more than **6** years. In addition, you may have to get a home equity loan for the high upfront cost.

In the majority of states, you need a licensed installer to do the work for you in order to qualify for incentives. If you want to move later, it doesn't mean the new owner will appreciate the solar equipment, and they may not be willing to pay for the premium for your house. A lot of solar companies are trying to tell you otherwise, but no one can guarantee you will be able to recoup your investment.

Here is our example to prove our case in Florida (this is real information from a friend):

Electric charge is **16** cent per KW, including taxes, from the utilities company:

5KW (DC) PV system

Delivered and installed (all permits/wiring etc, etc)

For a total of: **\$35,000.00**

Expect a rebate from state of Florida **\$20,000.00** (there are budget for the state rebates and currently there are waiting list.)

30% - Federal Tax Credit (not deduction) **\$10,500**

Final expected total out of pocket: **\$4,500**

Use home equity loan to finance the **\$35,000** at **8%** interest rate:

Interest paid for the first year: **\$2,800**

5KW produce is saving you **\$96** dollar per month ($5\text{KW} * 16 \text{ cent} * 30 \text{ days per month} * 4 \text{ hrs per day}$)

Recoup **\$7,300** is around **6 years with** FL state rebate and **23 years without** FL state rebates.

What if I don't want to get an equity loan, but I still want to save money, reduce global warming, and go green? What else can I do?

You may want to consider DIY kits: [Home Power Generator](#) : Save your family thousands of dollars a year on your electric bill.

FOR A FREE NON-SOLAR ENERGY: [CLICK HERE ->](#)

home power generator : Save your family thousands of dollars a year on your electric bill.



TAGS: [GOING GREEN](#), [GREEN LIVING](#), [HOME POWER GENERATOR](#), [SOLAR PANELS](#), [SOLAR POWER ELECTRICITY](#)

No responses yet

Quick Healthy Weight Loss - how to lose weight and keep it off in just 15 minutes a day

Oct
28
2009

Published by [admin](#) under [Quick Healthy Weight Loss](#)

MORE PEOPLE ARE OVERWEIGHT NOW THAN 20 YEARS AGO.

Why ?

THE REASON IS THAT WE HAVE CHANGED OUR LIFE STYLES. STRESS FROM THE ECONOMY AND WORK HAS INCREASED, AND WE DON'T MAKE AN EFFORT TO EAT RIGHT AND EXERCISE.

IF YOU HAVE TRIED OUT OTHER PRODUCTS, I KNOW HOW FRUSTRATING IT IS TO GAIN THE WEIGHT BACK WITHIN A COUPLE OF MONTHS AFTER GETTING THE INITIAL WEIGHT OFF.

YES! YOU CAN EAT DELICIOUS FOOD AND WORK OUT LESS YET STILL LOSE WEIGHT...

How ?

THREE STEPS YOU NEED TO DO LOSE THE WEIGHT...AND KEEP IT OFF.

FIRST, YOU NEED TO REMOVE TOXINS FROM YOUR BODY. SECOND, YOU HAVE TO MAINTAIN HEALTHY EATING HABITS. LASTLY, YOU NEED TO FOCUS ON EXERCISES THAT YOU LIKE. THIS IS A WAY TO MAKE A LIFE STYLE CHANGE WITHOUT SACRIFICING YOUR TASTES AND WANTS.

Step 1: DETOX YOUR SYSTEM REGULARLY TO RESTORE THE NATURE HEALTHY STATE OF THE BODY.

Step 2: EAT HEALTHY: BE LABEL CAUTIOUS! DON'T BUY ANY UNHEALTHY PRODUCTS TO BRING HOME.

YOU CAN STILL ENJOY DELICIOUS FOODS WITHOUT FEELING GUILTY AND UNHEALTHY. A SOLID DIET WITH THE CORRECT AMOUNTS OF VITAMINS AND MINERALS IS A HEALTHY CHOICE. THINK IT THROUGH AND PLAN YOUR MEALS CAREFULLY. PAY ATTENTION TO WHAT YOU ARE PURCHASING. BE MINDFUL OF TO AVOID PRODUCTS THAT ARE NOT GOOD FOR YOUR HEALTH OR BODY. AVOID FOODS WITH HIGH-CARBOHYDRATE COUNTS SUCH AS RICE, BREAD, AND PASTA. PURCHASE HARD WHEAT PASTA. THESE PASTA CONTAIN COMPLEX CARBOHYDRATES WITH A MINOR INFLUENCE ON THE BLOOD GLUCOSE LEVEL. USE ORGANIC SUGAR SUBSTITUTES, AND YOU ALSO NEED TO MONITOR FAT CONTENT.

Step 3: exercise:

EXERCISE COMES IN A VARIETY OF FORMS (WEIGHT LIFTING, AEROBICS, YOGA, ETC...) WEIGHT LIFTING IS GOOD FOR BUILDING MUSCLE, AEROBIC ACTIVITY IS GOOD FOR BURNING CALORIES AND INCREASING YOUR HEART RATE, AND YOGA IS FOR STRETCHING MUSCLES, RELAXING TENSION, AND MASSAGING ORGANS. BEFORE BEGINNING ANY EXERCISE REGIMENT, YOU SHOULD CONSULT YOUR PHYSICIAN.

DON'T JUST DO THE BORING WORK OUT ROUTINES TO LOSE WEIGHT, BECAUSE YOU WON'T BE ABLE TO MAINTAIN THE COMMITMENT. INSTEAD DO THE EXERCISES YOU FIND ENJOYABLE, AND DO THEM MORE INTENSELY OVER A SHORTER PERIOD OF TIME.

FOR EXAMPLE, IF YOU DON'T LIKE AEROBIC EXERCISE, BUT YOU LIKE TO SALSA DANCE, JUST DANCE FAST-SPEED SALSA AT HOME, OR FIND A CLASS ON SALSA TO TAKE. BEING AROUND OTHERS AND ENGAGING WITH THEM, WILL MAKE THE EXERCISE ROUTINE MORE ENJOYABLE!

CLICK HERE -> **lose weight and keep it off in just 15 minutes a day!** Proven methods help

many get and remain skinny for life.



TAGS: [LOSE WEIGHT](#), [QUICK HEALTHY WEIGHT LOSS](#)

 One response so far

Get boyfriend back or get your girlfriend back in 5 Easy Steps!!

Oct
28
2009

Published by [admin](#) under [Get Boyfriend Back or Get Your Girlfriend Back](#)

YOU STILL REMEMBER HOW HAPPY YOU WERE...YOU CAN'T STOP TO THINKING OF YOUR EX...YOU THINK THERE IS A WAY YOU CAN FIX IT.... LUCKY YOU!! I AM GOING TO SHOW YOU THE RIGHT WAY TO DO IT....

1. Accept whatever it happens as it was...

DON'T DEBATE WITH YOUR EX OF THE REASONS HE/SHE WANTS TO BREAK UP. DO THESE SOUND FAMILIAR?

"I THINK WE CAN WORK SOMETHING OUT"

"YOU JUST DON'T LOVE ME ANY MORE"

"I LOVE YOU, PLEASE DON'T LEAVE ME"

"LET TALK IT OVER"

"PLEASE DON'T GO, I WILL CHANGE."

"THINGS WILL BE DIFFERENT THE SECOND TIME AROUND"

INSTEAD YOU SHOULD AGREE WITH HIM/HER WITH SOMETHING LIKE "YES, I KNOW WE HAVE BEEN ARGUING FOR QUITE A WHILE"

"I AGREE WITH YOU, I THINK WE BOTH NEED TIME AND SPACE."

2. Keep your distance: (this is very critical... I mean NO contact at all.)

CONFLICTS MAKE PEOPLE TOO EMOTIONAL AND UNABLE TO SEE THE TRUTH. GIVE YOUR EX SOME TIME AND A LITTLE EXTRA SPACE SO THAT HE/SHE CAN RETHINK THE RELATIONSHIP AND APPROACH IT CALMLY AND RATIONALLY! EVENTUALLY HE/SHE WILL START TO MISS YOU AND WANT TO TALK TO YOU. PLEASE do not INITIATE ANY CONTACT, AND I MEAN NO CONTACT AT ALL. AVOID THE POSSIBILITY OF "ACCIDENTLY" RUNNING INTO YOUR EX, AND DON'T TRY AND CREATE CHANCE MEETINGS. REFUSE INVITATIONS FROM MUTUAL FRIENDS IF YOU KNOW YOUR EX IS GOING TO BE THERE. IF FOR ANY REASON, YOUR EX CONTACTS YOU, NEVER ANSWER THE PHONE AND JUST SEND HIM/HER A VERY SHORT AND FRIENDLY TEXT MESSAGE "YES," "NO," "I AM SORRY I HAVE OTHER PLANS," "I AM GLAD EVERYTHING IS WORKING OUT FOR YOU."

IF YOU WANT YOUR EX BACK QUICKLY, YOU HAVE TO RESIST CONTACTING HIM FOR AT LEAST A WEEK, OTHERWISE, YOU MAY PROLONG THE WHOLE PROCESS.

3. Stay active.

USE THIS EXTRA TIME TO NOURISH YOUR RELATIONSHIPS WITH YOUR FAMILY AND FRIENDS. DO THINGS TO KILL THE EXTRA DOWNTIME TO KEEP YOUR MIND OFF THE RELATIONSHIP AND BE SURE TO SET YOURSELF SOME GROUND RULES. ASK FRIENDS AND FAMILY NOT TALK ABOUT OR TALK POORLY OF YOUR EX. TELL THEM THAT YOU FEEL GREAT AND YOU JUST NEED A BREAK FROM THE RELATIONSHIP AND HOW GRATEFUL

THAT YOU CAN SPEND TIME AND ENJOY YOUR LIFE WITH THEM.

. Work with yourself to maintain a calm and peaceful state.

THINK BACK ON PAST ARGUMENTS AND ISSUES AND AVOID RE-EVALUATING YOUR FEELINGS. DON'T SWEAT FOR SMALL STUFF, NO ONE IS PERFECT, AND REMEMBER THAT YOU NEED TO AVOID ALLOWING YOUR EGO TO RUIN YOUR RELATIONSHIPS. FOCUS ON FINDING A MUTUAL BENEFICIAL SOLUTION. DON'T STATE ANYTHING AS YOUR EX FAULTS, BUT RATHER STATE SOMETHING LIKE "WHEN YOU SAID THAT TO MY FRIENDS, I FELT VERY UNCOMFORTABLE. I WOULD REALLY APPRECIATE IF YOU DON'T TELL MY FRIENDS OUR PERSONAL INFORMATION ANYMORE." SOMETIMES, YOUR EX MAY NOT MEAN TO HURT YOU, SO DON'T MAKE ANY ASSUMPTIONS. FOCUS ON ASKING FOR CLARIFICATION AND SUPPORT.

. Getting back with you ex. (I know you want to do this quickly, but be patient and do it slowly.)

JUST CASUALLY TEXT MESSAGE YOUR EX AND ASK HOW HE/SHE IS DOING ABOUT A WEEK AFTER THE BREAK-UP.

INCLUDE HIM/HER IN YOUR SOCIAL EVENT INVITATIONS AFTER A FEW OF WEEKS. TEXT MESSAGE THE WHOLE GROUP, INCLUDING HIM, "PLEASE COME OUT AND JOIN OUR HAPPY HOUR AT XXX LOCATION." IF YOUR EX DOESN'T SHOW UP OR REPLY YOUR TEXT MESSAGE, PLEASE DO NOT ASK HIM/HER THE REASON OR FOLLOW UP WITH HIM/HER ON THIS EVENT AGAIN. IF YOUR EX SHOWS UP, AVOID ASKING HIM/HER RELATIONSHIP QUESTIONS, BUT RATHER CASUALLY SOCIALIZE WITH HIM/HER AND YOUR OTHER FRIENDS. ALWAYS MAINTAIN YOUR WIT AND BEAUTY. YOU WANT TO BE THE BEST AND MAKE YOU EX WANT YOU BACK!

CLICK HERE -> Get Your Ex Back Now! - The proven techniques that help hundreds of others like you.



TAGS: GET BOYFRIEND BACK, GET YOUR EX BACK, GET YOUR GIRLFRIEND BACK, WIN YOUR EX BACK

One response so far

Beginner piano lessons - makes it easy! Don't waste time on lengthy and expensive lessons

Oct
28
2009

Published by admin under Beginners Piano Lessons

WE ALL HAVE LEARNED SOME OF BASIC MUSIC SKILLS IN SCHOOL. SOME OF US MAY HAVE EVEN LEARNED HOW TO PLAY AN INSTRUMENT OR TWO! THERE ARE TIMES WE JUST WANT TO BE THE POP SINGER FOR FUN.

A PIANO KEYBOARD HAS 88 KEYS (NOTES), WITH SEVEN OCTAVES (SETS) BEGINNING WITH THE 6 (A) TONE ON THE LEFT, THE LOWEST OCTAVE AND A 1 (C) TONE AT THE RIGHT, THE HIGHEST OCTAVE.

USUALLY, YOU PLAY THE NOTES IN THE TREBLE CLEF FOR HIGH NOTES ON TOP OF THE MUSIC WITH YOUR RIGHT HAND, AND PLAY BASS CLEF FOR LOW NOTES ON BOTTOM OF THE MUSIC WITH YOUR LEFT HAND.

YOU NEED TO KNOW THE MIDDLE C, AS WELL AS ALL THE NATURAL NOTES ARE PLAYED ON THE WHITE KEYS OF YOUR PIANO. SHARPS (#) AND FLATS (B) IN YOUR MUSIC PIECE ARE PLAYED ON THE BLACK KEYS. A SHARP IS THE BLACK KEY ON YOUR RIGHT AND A FLAT IS THE BLACK KEY ON YOUR LEFT.

Follow your feelings. IF YOU DO NOT WANT TO BE AN EXPERT ON MUSIC THEORY OR A MASTER AT READING NOTES, DON'T FOCUS ON THE THEORY TOO MUCH. JUST CONCENTRATE ON HAVING FUN AND REMEMBER A FEW KEY NOTES. A FEW KEY NOTES INCLUDE: 1, 4, 5 (C, F, G); KEY CHORDS, INCLUDE: 1, 4, 5, 6 (C, F, G7, Am) AS WELL. IT IS VERY BENEFICIAL TO BE ABLE TO READ SHEET SO IT IS WISE TO BUY THE EASY SHEET MUSIC AND LEARN TO READ IT AS YOU GO!

THE MOST EFFECTIVE WAY TO PLAY IS TO READ THE NOTES AND TO KNOW WHICH KEYS ON THE KEYBOARD SHOULD BE PLAYED ON THE PIANO WITHOUT TRYING TO REMEMBER THE NOTES AND CHORDS FIRST (SUCH AS G OR 5). IT IS EVEN BETTER TO THINK ON NUMBER RATHER THAN ALPHABETIC NOTE. **Why?** By CONCENTRATING ON THE NUMBER INSTEAD OF THE ALPHABETIC NOTE, IT IS EASIER FOR YOU TO TRANSPOSE THE MUSIC.

FORGET ABOUT THE OLD-FASHIONED BORING PRACTICE, WHICH CAN KILL YOUR INTEREST BEFORE YOU EVEN ENJOY PLAYING. THE NEW WAY , **TAUBMAN APPROACH**, TO LEARN TO PLAY BY FOCUSING ON USING THE HAND AND FOREARM TOGETHER TO PLAY EFFORTLESSLY WITH UNBURDENED FINGERS.

The benefit of the online/DVD piano course:

1. FLEXIBLE SCHEDULE: YOU CAN TAKE IT AT WHENEVER TIME CONVENIENCE TO YOU.
2. EASY FOR YOU TO LEARN : YOU CAN REPLAY IT UNTIL YOU TRULY KNOW THE SONG AND YOU ARE ABLE TO REWIND IF YOU FORGET SOMETHING YOU LEARNED A COUPLE WEEKS AGO.
3. COMFORT: YOU DON'T NEED TO WORRY ABOUT FEELING EMBARRASSED IN FRONT OF YOUR TEACHER IF YOU ARE A SLOW LEARNER.
4. INEXPENSIVE: PRIVATE PIANO LESION COST \$40 PER HOUR WHILE ONLINE CLASS COST LESS THAN \$200 PER COURSE.

Why I recommend Rocket piano online/DVD course?

1. FOR UNDER **\$50**, YOU CAN PURCHASE THE ONLINE VERSION IF YOU ARE UNWILLING TO SPEND THE \$199 FOR DVD VERSION. IN ADDITION, IT COMES WITH A 60 DAY, 100% NO HASSLE MONEY-BACK GUARANTEE.
2. ALSO, THIS ONLINE COURSE INCLUDES BONUS SECTION TO ENHANCE YOUR SKILLS ON READING NOTES, CHORDS, "TRAINING YOUR MUSICAL EAR." AND LEARNING TO PLAY YOUR FAVORITE SONGS.
3. RUTH HERSELF HAS PROFESSIONAL TRAINING AND 15 YEARS EXPERIENCE IN PLAYING PIANO. THE ROCKET PIANO ONLINE/DVD COURSE IS ONE OF THE BEST SELLING PIANO LESSON PACKAGES.



LEARN TO PLAY PIANO NOW WITH ROCKET PIANO ONLINE COURSE - ONE OF THE MOST POPULAR AND HIGHLY RECOMMENDED ONLINE BEGINNER PIANO LESSONS.

CLICK HERE ->

Learn to piano lessons now with Rocket piano online course - one of the most popular and highly recommended online beginner piano lessons.



 One response so far

At Home Work Jobs - Be flexible

Published by [admin](#) under [At Home Work Jobs](#)

Oct
28
2009

[CLICK HERE ->](#)

Find A Job Now : The Top legitimate Work At Home Job Site For Over 3 Years!

[CONTINUE READING »](#)



TAGS: [AT HOME WORK JOBS](#), [FIND A JOB](#), [JOB SEEKING](#), [LAND YOUR NEXT JOB](#), [SECRETS TO FINDING A JOB](#), [TELECOMMUTING JOBS](#)

 No responses yet

Free Satellite TV - How to save your cable and satellite fees

Published by [admin](#) under [Free TV Downloads](#)

Oct
28
2009

[CLICK HERE ->](#) **Free Satellite TV on PC** : This software is also available for Mac.

FREE SATELLITE TV ON PC IS THE BEST WAY TO SAVE HUNDREDS WITHOUT SACRIFICING YOUR HAPPINESS IN THIS ROUGH ECONOMY. THIS IS ESPECIALLY TRUE FOR STUDENTS LIVING IN SCHOOL DORMS AND FREQUENT TRAVELERS. THIS KIND OF SOFTWARE IS ALSO GREAT TO HAVE AS AN ALTERNATIVE, EVEN IF YOU WANT TO KEEP YOUR SATELLITE SERVICE OR CABLE TV.

What are the benefits?

1. Digital Satellite TV Quality:

DIGITAL SATELLITE TV ON YOUR PC MAKES USE OF CUTTING EDGE TECHNOLOGY TO PACK MORE CHANNELS INTO THE SAME BROADBAND WIDTH! THIS WAY YOU CAN ENJOY THE SAME HIGH QUALITY TV RESOLUTION AS WHAT IS PROVIDED BY YOUR CABLE OR SATELLITE PROVIDER.

2. Watch a wide variety of programs:

WE ALL KNOW THAT CERTAIN TIMES OF THE WEEK, THE LOCAL PROGRAMS ARE JUST BORING AND FILLED WITH THE BORING SAME OLD PROGRAMMING. IT IS GREAT TO HAVE AN EXTRA CHOICE ESPECIALLY WHEN YOU ARE NOT IN THE MOOD TO GO OUT AND SOCIALIZE. THIS SOFTWARE ALLOWS YOU TO ACCESS MORE THAN 3,500 CHANNELS.

3. Portable and instant downloads:

THE SOFTWARE CAN BE DOWNLOADED AND INSTALLED ON YOUR LAPTOP RIGHT AWAY. IT REQUIRES NO EXTRA HARDWARE., AND BEST OF ALL, YOU CAN TAKE IT WITH YOU WHEN YOU TRAVEL FOR BUSINESS, PLEASURE, OR IF YOU JUST WANT TO TAKE A BREAK AND WATCH SOME TV AT THE LOCAL COFFEE HOUSE OR RESTAURANT.

4. Help you to learn other languages quick:

YOU CAN ALSO ACCESS MORE THAN 100 COUNTRIES, 3500 CHANNELS, AND A VARIETY OF DIFFERENT LANGUAGES. THIS SOFTWARE IS EXCELLENT FOR IMPROVING OR LEARNING A SECOND LANGUAGE. IT IS ALSO A GREAT CHOICE IF YOU PLAN ON TRAVELING AND WANT TO LEARN SOME BASIC FOREIGN LANGUAGE SKILLS BEFORE YOU TRAVEL.

5. It is cheaper than cable or satellite TV.

YOU PAY LESS THAN \$50 TO BUY THE SOFTWARE AND YOU CAN WATCH ALL THE PROGRAMS YOU WANT. THERE ARE NO ADDITIONAL OR HIDDEN FEES PER DOWNLOAD AND NO MONTHLY FEE. YOU DON'T EVEN

NEED SATELLITE DISH. THE GREAT NEWS IS THAT THEY CONSTANTLY ADD NEW CHANNELS SO YOU CAN POTENTIALLY GET MORE CHANNELS WITHOUT PAYING AN EXTRA DIME.

YOU JUST NEED TO HAVE A BROADBAND INTERNET CONNECTION. THE QUALITY FROM A DIAL UP SOURCE WOULD NOT BE SUFFICIENT.



CLICK HERE -> [Free Satellite TV on PC](#) : This software is also available for Mac.

SHARE

TAGS: [FREE SATELLITE TV](#), [FREE TV DOWNLOADS](#)

One response so far

The Secrets to Going Green and Saving Money Q&A

Aug

09

2009

Published by [admin](#) under [Q & A](#)

THANK YOU FOR YOUR COMMENTS.

WE WILL USE THIS INFORMATION TO ENHANCE OUR PROGRAM.

YOU HAVE TO SUBSCRIBE TO THE PROGRAM TO RECEIVE THE UPDATES.

The Secrets to Going Green and Saving Money!

SHARE

TAGS: [GOING GREEN](#), [GREEN LIVING](#), [SOLAR HOT WATER](#), [SOLAR PANELS](#)

One response so far

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